

# Anam Cara Kerry

## List of National/Region Resources/Service available

Name of Organisation	Type of Services Provided	Local Contact Name/Position	Contact Number	Email Address	Website	Additional Comments	Cost of Service
<b>Anam Cara Parental &amp; Sibling Bereavement Support Limited</b>	Facilitated Support Group providing peer support to bereaved parents of a child who has died at any age and in any circumstances	Sharon Vard CEO	01 4045378	<a href="mailto:s.vard@anamcara.ie">s.vard@anamcara.ie</a>	<a href="http://www.anamcara.ie">www.anamcara.ie</a>	Anam Cara groups are co-facilitated by a bereaved volunteer parent and a professional facilitator. They meet once a month on a designated day and time.	Free
<b>Console</b>	National Organisation supporting people in Suicidal Crisis and those Bereaved by Suicide through Professional Counselling, Support and Helpline Services.	Ciaran	1800 247 247	<a href="mailto:info@console.ie">info@console.ie</a>	<a href="http://www.console.ie">www.console.ie</a>		Free
<b>ISIDA</b>	National organisation providing support to parents whose children (under 14 year) have died suddenly outside a hospital environment	Ger O'Brien Psychotherapist	1850-391-391	<a href="mailto:isida@eircom.net">isida@eircom.net</a>	<a href="http://www.isida.ie">www.isida.ie</a>	A professional will visit the families in their own homes following the sudden death of their son or daughter, offering support to all the family. There are also parent groups that meet monthly and parent weekends.	Free

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<b>An Feileacain</b>	Féileacáin (Stillbirth and Neonatal Death Association of Ireland – SANDAI) is an organisation that aims to offer support to anyone affected by the death of a baby during pregnancy or shortly after. They offer counselling & psychotherapy, support meetings, social work support, email & phone support	Jacinta Murphy	085 2496464	info@feileacain.ie	www.feileacain.ie	The organisation was formed by a group of bereaved parents who supported each other after the death of their own babies and have now come together to formally offer support to other parents and families who find themselves in a similar situation.	Free
<b>Little Life Time Foundation</b>	A Little Lifetime Foundation offers support through support meetings, literature, remembrances services.		01 8829030	info@alittlelifetime.ie	www.isands.ie	Offers support to Families who know their baby has died prior to delivery or is likely to live only a short time after delivery. Families recently bereaved through Stillbirth and Neonatal Death. Families whose baby died a number of years ago.	Free
<b>Irish Child Bereavement Network</b>	Newly formed network connecting Practitioners & Organisations supporting kids after bereavement	Nicola Jordan	01 6793223	nicola.jordan@hospicefoundation.ie	www.childhoodbereavement.ie	Provide links to bereavement support for children throughout Ireland	

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<b>Barnardos</b>	Early intervention/trauma service for children and their families counselling. Telephone helpline for public concerned about grieving child. Training and consultation for groups whose work brings them into contact with bereaved children bereaved by sudden death. Longer term bereavement.		01 4732110	bereavement@barnardos.ie	www.barnardos.ie	Barnardos offer family support, family welfare conferences, bereavement support for children, Therapeutic intervention,	Free
<b>Living Links</b>	Living Links provides outreach, practical help, advice and support to persons bereaved by suicide. Trained individuals are available to offer confidential practical support and advice to families bereaved by suicide	Carol	087 4122052	info@livinglinks.ie	livinglinks.ie	They are available on request to call to families in the aftermath of a suicide to offer practical support	
<b>AdVic</b>	AdVic provide email & phone support, literature, peer support, Information, legal & practical support, free individual or group professional counselling	Noleen Slattery	01 4580545 or 087 3148363	<a href="mailto:noleenleeslattery@gmail.com">noleenleeslattery@gmail.com</a>	www.advic.ie	AdVIC is a national, organisation founded by a group of families trying to cope with the unlawful violent killing of a family member. AdVic bring together families bereaved by homicide including those affected by Murder, Manslaughter and Fatal Assault, and provide information and services for those people.	Free

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<b>Pieta House</b>	Pieta House provides a free, therapeutic approach to people who are in suicidal distress and those who engage in self-harm.	Joan Freeman	01-6010000	joan@pieta.ie	www.pieta.ie	Suicide and Self Harm Crisis Centre	Free
<b>The Samaritans</b>	The Samaritans provide a listening service	Jo	116 123	jo@samaritans.org	www.samaritans.org	Samaritans support anyone in distress, around the clock 24	Free
<b>Barretstown</b>	Barretstown offers family camps, children & young adults camps, bereavement family camp, bereavement weekends & a hospital outreach programme	Eimear Kinsella	045 864 115	info@barretstown.org	www.barretstown.org	Barretstown is a specially-designed camp that provides Therapeutic Recreation programmes for children with serious illnesses and their families.	Free
<b>Rainbows</b>	Rainbows is a listening service for children and young people struggling to come to terms with significant loss and change in their lives	Anne Staunton	01 4734175	ask@rainbowsireland.com	www.rainbowsireland.ie	Rainbows is a dedicated free service for children and young people they help those affected by loss because of bereavement, separation or divorce.	Free
<b>Console Kerry</b>	National Organisation supporting people in Suicidal Crisis and those Bereaved by Suicide through Professional Counselling, Support and		066-7129700	info@console.ie	www.console.ie		Free
<b>Living Links Kerry</b>	Living Links provides outreach, practical help, advice and support to persons bereaved by suicide. Trained individuals are available to offer confidential practical support and advice to families bereaved by suicide	Freda	066-9790953 / 087-7955908	<a href="mailto:kerry@livinglinks.ie">kerry@livinglinks.ie</a>	livinglinks.ie	They are available on request to call to families in the aftermath of a suicide to offer practical support	Free

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<b>Pieta House Kerry</b>	Pieta House provides a free, therapeutic approach to people who are in suicidal distress and those who engage in self-harm	Caitriona Locke	066-71 63660	www.pieta.ie	mary@pieta.ie	Suicide and Self Harm Crisis Centre	Free
<b>The Samaritans Kerry</b>	The Samaritans provide a listening service	Jo	066 71 22566	jo@samaritans.org	www.samaritans.org	Samaritans support anyone in distress, around the clock 24	Free
<b>Jigsaw Kerry</b>	Provides guidance and support for young people who are going through a difficult or distressing time. We also provide advice and guidance for anyone is concerned about a young person in their life or work.	Aidan Murphy - until late Sept 2014	066 7186785		headstrong.ie	Jigsaw Galway is a free, non-judgemental and confidential support service for young people (15-25) living in Kerry	Free
<b>Recovery Haven</b>	Provides bereavement support services to parents whos child has died through cancer	Mairead Sullivan	066 7192122	recoveryhaven@gmail.com	www.recoveryhavenkerry.com		Low Cost

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