

Anam Cara Parental & Sibling Bereavement Support Limited	Facilitated Support Group providing peer support to bereaved parents of a child who has died at any age and in any circumstances	Sharon Vard CEO	003531 4045378	s.vard@anamcara.ie	www.anamcara.ie	Anam Cara groups are co facilitated by a bereaved volunteer parent and a professional facilitator. They meet once a month on a designated day and time	Free
Adult Hospice Foyle	Offers different counselling services at Foyle hospice for relative bereaved through any life limiting illness.	Helen Kelly	02871351010	helenkelly@foylehospice.com		Counselling is on a one to one basis. 2 counsellors undertake this one day a week on a voluntary basis.	Free
Adult Hospices	Newry/Mourne	Fiona - Social Worker	02830267711			Provides counselling service and 2 bereavement support groups. One for adults and one for children and teenagers. One to one counselling is also available through volunteers	Free
Barnardos Child Bereavement Service	Provides a wide range of therapy, training and consultancy to support children who's lives have been devastated by trauma and grief. Helps families communicate.	Different people	02890668333	www.barnardos.org.uk/childbereavementservice		4 qualified staff and team of volunteers provide support to individuals and groups up to 18 years. Barnardos office in most areas of NI	Free
Bereaved Parent Network	Provides support and encouragement to anyone who has lost a child.	Garth House Cardiff	02920810800		www.careforthefamily.org.uk/bpn	Motivated by Christian compassion, however available to everyone.	Free
Bereavement Co-ordinators	5 based within Northern Ireland. Improve the understanding of bereavement by all health and social	Belfast - Heather Russell 028906333904; Northern - Barbara		heather.russell@belfasttrust.hscni.net; barbara.bankhead@.northerntrust.hscni.net; paul.mccloskey@setrust.hscni.net;		They ensure systems are in place within Health and Social Care services for the identification of those most likely needing support. Full document	Free
Cancer Fund for Children	Provides support to parent and families bereaved by children's cancers.	Switchboard	02890725780	info@cancerfundforchildren.com			
Child Death Helpline	Free phone helpline to provide a service to anyone affected by the death of a child.	Staffed by volunteers all of them bereaved parents	0800282986	contact@childdeathhelpline.org	www.childdeathhelpline.org.uk	Listening service. Also provides information for other resources such as counselling/ psychotherapy, bereavement networks.	Free
Children's Hospice	Provides support to bereaved parents and children where the deceased child has used the hospice service	Anne lappin	02890777635	a.lappin@nihospice.org.uk	www.nihospice.org.uk	Support provided for 2 years post bereavement. Group work provided in hospice for adults and children and also community nurse or bereavement co-ordinator visit family home.	Free
Clic Sargent	Provides support to parent and families bereaved by children's cancers	Reception	02890805599	services@cancerfundforchildren.com	www.clicsargent.org.uk	This charity offers specialist bereavement support to parents and children who's lives have been affected by the loss of their child / sibling	Free
Compassionate Friends	Provides support to parents and their families when a child dies	Bereaved Parent	0287788016 10-16:00 and 19-22:00		www.compassionate friends.org	Bereaved parents provide support and offer a monthly chapter meeting. Several leaflets and a telephone helpline. Some	Free
Cruise	Individual face to face bereavement from trained bereavement volunteers. Support in a bereavement group.	Anne Townsend; ElaineRoub	02890792419	anne.townsend@cruise.org.uk; elaine.roub@cruise.org.uk; helpline@cruise.org.uk		Cruise has been established in northern Ireland since 1984. There are seven zones located in Northern Ireland and also a charity shop in Newtownards. 400	Free
Healing Hearts	Provides specialist bereavement for any child or young person aged 4-16 who has experienced the	Michele Kosky	02871351010	michelekosky@foylehospice.com		One to one support, group and family support. Referral is through health professional or self-referral.	Free
Life After Loss	Provides help to those affected by the loss of a baby	Website Only			www.lifeafterloss.org.uk	Provides group meet up /support forum. 24 hour web support and a support video. Extensive range of resources.	Free

Lifeline Helpline	Provide 24 hour helpline for people experiencing distress or despair throughout Northern Ireland.	Counsellors	08088088000			Experienced counsellors to help those distressed through bereavement, depression, trauma, abuse and anxiety.	Free
Light House	Provide counselling's for clients bereaved through suicide	Reception	02890755070	info@lighthouseireland.org		Offers workshop, therapies, welfare rights, raising awareness, crises intervention and sign posting. Works alongside agencies to highlight suicide	Free
Marie Curie	Provides bereavement support, counselling, holiday. Residentials and support for parents	Ann Mcguigan	0289088200	ann.mcguigan@mariecurie.org.uk		Available throughout NI	Free
Meningitis Trust	Provides support to parents/families bereaved by meningitis	Switchboard	0845120063	info@meningitistrust.org		Helpline available also counselling / complimentary therapies / family fun days and one tone support. Free children's helpline for	Free
NHSCT	Bereaved by suicide project	Danielle Gallagher -	02825636607	danielle.gallagher@northerntrust.hscni.net		Support for those bereaved by suicide	Free
Niamh Louise Foundation	Provides a bereavement service to those bereaved by suicide in Southern Board	Catherine McBennet	02887753327		niamhlouisefoundation.com	One to One counselling offered, also group meetings and complimentary therapies. Walk in emergency help available. Weekly youth group	Free
PIPs	Provides a service to those bereaved by suicide. Branches throughout NI.		0289056417		www.familysupportni.gov.uk	Provides befriending, support, complimentary therapies training in suicide prevention and recognising signs. Volunteers and counsellors	Free
Sands	Provides support to anyone affected by the death of a baby before, during or shortly after a birth.	Different people manning phones	07740993450	helpline@uksands.org.uk	www.uk-uksands.org/supportsands-groups	Numerous links on website for all types of information from sands i.e. practical information, remembrance services and group information. Sands have organisations throughout NI	Free
Sudden	Provides support to people bereaved by road crashes. Offers free quarterly bulletins to professionals, online	Switchboard manned	08456038570/ 01484559909	admin@brake.org.uk		Provides books and leaflets on processes followed after sudden death. PDF web version coming soon. Picture books for small children available	Free
Wave	Provide a service to those bereaved by the troubles and are traumatised	Reception line	02871266655		www.wavetraumacentre.org.uk	Offers counselling, complimentary therapies, psychotherapy. Outreach support	Free
Winston Wish	Provides a helpline in NI for bereaved parents and their children. Interactive website and publication	Reception Line/Clinical practitioners	01242515157 / 0845030405 9-5pm	info@winstonswish.org.uk	winstonswish.org.uk	No face to face meeting in NI due to funding. Currently they provide award winning websites and publication free of charge.	Free
Youthlife	Provides help to children and young who have experienced bereavement and loss	Bridie Sheridan	02871377227 / 07912507388	info@youthlife.org	www.youthlife.org	Youth help cafe peer group. Group therapy programme. Counselling	Free