

## Anam Cara South Dublin

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Name of Organisation	Type of Services Provided	Local Contact Name/Position	Contact Number	Email Address	Website	Additional Comments	Cost of Service
<b>Anam Cara Parental &amp; Sibling Bereavement Support Ltd</b>	Facilitated Support Group providing peer support to bereaved parents of a child who has died at any age and in any circumstances	Sharon Vard CEO	01 4045378	s.vard@anamcara.ie	www.anamcara.ie	Anam Cara groups are co facilitated by a bereaved volunteer parent and a professional facilitator. They meet once a month on a designated day and time.	Free
<b>AdVic</b>	AdVic provide email & phone support, literature, peer support, Information, legal & practical support, free individual or group professional counselling	Barbara Clinton	086 1272156	info@advic.com	www.advic.ie	AdVIC is a national, organisation founded by a group of families trying to cope with the unlawful violent killing of a family member.	Free
<b>An Feileacain</b>	Féileacáin (Stillbirth and Neonatal Death Association of Ireland – SANDAI) is an organisation that aims to offer support to anyone affected by the death of a baby during pregnancy or shortly after.	Jacinta Murphy	085 2496464	info@feileacain.ie	www.feileacain.ie	Formed by a group of bereaved parents who supported each other after the death of their own babies and have now come together to formally offer support to other parents and families who find themselves in a similar situation.	Free
<b>Aspen</b>	We offer a range of therapeutic approaches and provide low cost counselling & Psychotherapy services for individuals, couples & families dealing with a range of issues including Bereavement		01 6217063	aspenabc@gmail.com	www.aspencounsellingservices.com	Aspen Counselling is a non profit counselling and psychotherapy practice. Our team of 20 therapists work to provide a uniquely affordable counselling service in a safe and discrete environment.	Low cost
<b>Aware</b>	Aware continues to maintain and develop depression and related mood disorder support services.		1890 302 302	supportmail@aware.ie	www.aware.ie	Aware undertakes to create a society where people affected by stress, depression and mood disorders are	
<b>Barnardos</b>	Early intervention/trauma service for children and their families counselling. Telephone helpline for public concerned about grieving child.		01 4732110	bereavement@barnardos.ie	www.barnardos.ie	Barnardos offer family support, family welfare conferences, bereavement support for children, Therapeutic intervention,	Free

<b>Barretstown</b>	Barretstown offers family camps, children & young adults camps, bereavement family camp, bereavement weekends & a hospital outreach programme	Eimear Kinsella	045 864 115	info@barretstown.org	www.barretstown.org	Barretstown is a specially-designed camp that provides Therapeutic Recreation programmes for children with serious illnesses and their families.	Free
<b>Beacon of Light</b>	A community based project which provided high quality, accessible and affordable, professional counselling and training workshops.	Reception	01 4578700			The service provides support and positive intervention to assist individuals, families and groups guiding them towards positive relationships with self, others, the community and the environment.	Sliding scale
<b>Bethany</b>	Bethany offers support to the bereaved through one to one support , group support & home visits	See Bethany below	087 9905299	bethanysupport@eircom.net	www.bethany.ie	The Bethany Bereavement Support Group is a voluntary parish based ministry which aims to help the bereaved.	Free
<b>Console</b>	National Organisation supporting people in Suicidal Crisis and those Bereaved by Suicide through Professional Counselling, Support and Helpline Services.	Ciaran	1800 247 247	info@console.ie	www.console.ie	Console aims to meet the needs of those who come to us for support. Some people require advice, guidance or information. Others may need a listening ear, in person, or on the phone. Some need the support of face-to-face counselling.	Free
<b>Irish Child Bereavement Network</b>	Newly formed network connecting Practitioners & Organisations supporting kids after bereavement	Nicola Jordan	01 6793223	nicola.jordan@hospicefoundation.ie	www.childhoodbereavement.ie	Provide links to bereavement support for children throughout Ireland	
<b>ISIDA</b>	National organisation providing support to parents whose children (under 14 year) have died suddenly outside a hospital environment	Ger O Brien Psychotherapist	1850-391-391	isida@eircom.net	www.isida.ie	A professional will visit the families in their own homes following the sudden death of their son or daughter, offering support to all the family. There are also parent groups that meet monthly and parent weekends.	Free
<b>Little Life Time Foundation</b>	A Little Lifetime Foundation offers support through support meetings, literature, remembrances services.	Get contact name	01 8829030	info@alittlelifetime.ie	www.isands.ie	Offers support to Families who know their baby has died prior to delivery or is likely to live only a short time after delivery. Families recently bereaved through Stillbirth and Neonatal Death. Families considering another pregnancy following the death of their baby.	Free

<b>Living Links</b>	Living Links provides outreach, practical help, advice and support to persons bereaved by suicide. Trained individuals are available to offer confidential practical support and advice to families bereaved by suicide	Carol	087 4122052	info@livinglinks.ie	livinglinks.ie	They are available on request to call to families in the aftermath of a suicide to offer practical support	
<b>Pieta House Lucan</b>	Pieta House provides a free, therapeutic approach to people who are in suicidal distress and those who engage in self-harm.	Mary/Avril	01 6010000	www.pieta.ie	mary@pieta.ie	Suicide and Self Harm Crisis Centre	Free
<b>Pieta House Tallaght</b>	Pieta House provides a free, therapeutic approach to people who are in suicidal distress and those who engage in self-harm.	Patricia	087-9368633/01-6200020	www.pieta.ie	mary@pieta.ie	Suicide and Self Harm Crisis Centre	
<b>Rainbows</b>	Rainbows is a listening service for children and young people struggling to come to terms with significant loss and change in their lives	Anne Staunton	01 4734175	ask@rainbowsireland.com	www.rainbowsireland.ie	Rainbows is a dedicated free service for children and young people they help those affected by loss because of bereavement, separation or divorce. Their service is available in local communities throughout Ireland	Free
<b>Teen Counselling</b>	Part of the Cross Care Group Teen Counselling will work with Teenagers and Parents	Monica or Nollaig	01 5574705	teencounselling@crosscare.ie	www.teencounselling.ie	Teen Counselling is an 'adolescent friendly' service and as such, our aim is to enable young people and their parents or carers deal with difficulties, within the context of the family.	Donation according to means
<b>The Bereavement Counselling Service</b>	Confidential counselling on a one to one basis. Aslo has specially trained counsellors to facilitate grieving children		01 8391766 - Mon.- Fri. 9.00am.-1.00pm	bereavement@eircom.net	www.bereavementireland.com	The Bereavement Counselling Service offers support and counselling to enable people deal with their grieVolunteers may also be available for telephone and emergency counselling sessions	Free
<b>The Samaritans</b>	The Samaritans provide a listening service	Jo	116 123	jo@samaritans.org	www.samaritans.org	Samaritans support anyone in distress, around the clock 24 hours a day 365 days of the year.	Free

<b>The Village Counselling Service</b>	The Village Counselling Service has over 100 volunteer counsellors offering over 500 hours of counselling weekly. A cognitive-behavioural, client-centred, integrative approach is adopted which addresses the reality of a multi – cultural society.	Triona Kearns	01-4664205/ 087-904-9497	amanda@iicp.ie	www.villagecounsellingservice.ie	We deal with a wide range of issues including, depression, relationship problems, chemical dependency, loss and bereavement.	
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<b>Bethany South Dublin</b>		
<b>Dublin 4</b>		
Merrion Road	Colette	087 9556254
Sandymount	Mary	01 6683894 am
<b>Dublin 6</b>		
Milltown	Theresa	087 6482840
Rathgar	Eda	01 4975967
Rathmines	Anne	087 2050514
<b>Dublin 6W</b>		
Mount Argus	Jean	086 1297593
Templeogue	Marie	086 2990935
<b>Dublin 8</b>		
Meath St.	Mary	01 6169039
Inchicore	Mary	087 9905139
Donore Ave.	Carmel	087 6243788
Bluebell	Helen	087 7811543
<b>Dublin 14</b>		
Ballyroan	Joan	086 3066034
Churchtown	Kathleen	086 1012956
Clonskeagh	Hilda	01 2987565
Rathfarnham	Deirdre	087 2609323
<b>Dublin 16</b>		
Balally	Denise	01 2959908

Ballyboden	Evelyn	087 2382455
Meadowbrook (Ballinacorney)	May	01 2980996
Knocklyon	Sylvia	086 3464556
<b>Dublin 18</b>		
Cabinteely	Dermot	01 2896752
Foxrock	Betty	01 2896184
Sandyford	Barbara	01 2954050
<b>Dublin 22</b>		
Bawnogue	Jan	087 2035898
Clondalkin	Mary	087 1605726
<b>Dublin 24</b>		
Balrothery (St. Aengus)	Mary	01 4147701
Brookfield (St. Aidan's)	Sr. Kathleen	01 4527684
Firhouse	Olive	01 4942708
Kilnamanagh/Castleknock	Kay	01 4597426
Old Bawn	Kathleen	087 2338013
Springfield (St. Mark's)	Marian	01 4523233
<b>DUBLIN CO. SOUTH</b>		
Blackrock	Gobnait	087 2052177
Boosterstown	Anne	086 8133241
Dalkey	Denise	086 3833953
Dun Laoghaire	Angela	01 2800485
Johnstown/Killiney	Jo	01 2853387
Kilmacud	Nuala	085 1550570
Loughlinstown	Maeve	086 8237879
Monkstown	Una	01 2841383
Mount Merrion	Brenda	086 0574402
Newtown Park	Deirdre	01 2883086
Shankill	Rita	086 6044221
<b>DUBLIN CO. WEST</b>		
Lucan (St.Mary's)	Sr. Geraldine	01 6217158 am